

**MINUTES OF
RIVERSIDE TOWNSHIPMENTAL HEALTH BOARD
April 15, 2026**

A meeting of the Riverside Township Mental Health Board was held on Wednesday, April 15, 2026, at Helping Hand, 9649 West 55th Street, Countryside, Illinois 60525.

Adam Wilt, served as Chair and called the meeting to order at 6:42 p.m.

Present were:

Joe DeRosier
Cynthia Kaczmarczyk
Kara Kalnitz
Melinda Lehman
Adam Wilt
Joe Troiani

Absent were:

Christine Carr
Timothy Heilenbach

Also present were:

Yvette Williams, Community Support Services
April Dislers, Helping Hand
Jim Tabor, Director of Case Management, Employee Services
Bill Dwyer, President & CEO
Don Betswina, Pillars

It was noted that the Agency Reports sent to the Board this month were the following:

Community Resource Center/Aging Care Connections
Community Support Services
Pillars Community Health
Way Back Inn
WSSRA

The Chair called for any comments, corrections, or additions to the minutes of the Board meeting held on Wednesday, April 15, 2026. Motion made by Melinda Lehman and seconded by Joe DeRosier, the following resolution was unanimously adopted.

RESOLVED, that the minutes of the meeting of the Riverside Township Mental Health Board held on Wednesday, April 15, 2026, are herewith approved as circulated.

Treasurer's Reports:

Kara Kalnitz reported we are still taking in tax money and have a higher balance than the prior month. See attached Financial Report.

Motion made by Melinda Lehman and seconded by Cynthia Kaczmarczyk, and upon vote taken was unanimously adopted.

Consultant's Report:

Dr. Joe Troiani shared his Consultant's Report, see attached report.

Joe was appointed to the Crisis Response Credential Development Committee of the Illinois Certification Board that has been tasked by the State of Illinois Department of Human Services to develop a Crisis Response standards and credentialing process.

Report Highlights:

- Joe attended the Crisis Intervention Team (CIT) training meeting on April 15, 2026. The meeting covered some related topics, i.e. a review of the 40-hour CIT training program curriculum, student performance objects and review of the current mental health codes, formalizing the mental health petition process and incorporate medical conditions and psychotropic medications.
- The Next community program/cable Riverside Television program will include the three police departments, Police/Chiefs/Public Safety Directs, to discuss the basic 40-hour CIT Training and the one day 8-hour refresher course funded by the RTMHB. for the certified CIT officers in the township. This training will be held on two separate days. Also, under consideration is having CIT trained Officers discuss the impact the training has had on their engagement with individuals experiencing behavioral health crisis.
- Planning is underway to establish the training dates for the certified CIT police officers in the township that need to complete the one-day refresher course. It has been requested by the Riverside Director of Public Safety that the training be completed this year. They are still waiting for us to provide proposed dates for the one-day CIT Refresher course and the cost estimates.
- Brookfield first responders have created a process involving a form for individuals who are non-verbal which is expected to be helpful for those individuals.

Joe also shared the upcoming 2026 IL Behavioral Health Crisis Forum which will be held on June 3, 2026, at the UIC Student Center East.

Agency Reports:

Community Support Services – Yvette Williams reported that they continue to work on the contracts and applications. Their Annual Gala, Circles of Support, is on May 1, 2026, at the Hyatt Lodge in Oak Brook.

Helping Hand - Jim Tabor, Director of Case Management, reported two success stories where they placed two of their clients in permanent employment positions.

Pillars - Don Bestwina reported they are having an Art Show on April 24, 2026, at the Loft. Their block party is scheduled for June 6, 2026.

Old Business:

The Community Engagement Committee's next meeting will be held on June 2, 2026, at 6:30 p.m.

RTMHB's North Riverside Public Library presentation is scheduled for May 21, 2026.

Adam would like the final June meeting to serve as the kickoff for the project honoring Joan. He asked the agencies to review their gift agreements in preparation for the discussion.

Riverside's Community Resource Center has participated in a Farmer's Market.

Shawn Lewis reported Community Resource Center will be hosting a Health & Wellness Fair in North Riverside scheduled for August 29, 2026.

The Board will be doing a full presentation for the Township Board. That meeting has yet to be scheduled. Joe DeRosier indicated they have a meeting scheduled for June 2, 2026, to discuss.

New Business:

Adam requested the Board conduct an annual review of the Community Resource Center Guide found at RiversideTownship.org at the bottom of the CRC page.

Adam reminded the Board that the June meeting will cover board nominations. He requested the Board form a Nominations Committee for June. The following members are on the committee:

Joe Troiani	Melinda Lehman
Cynthia Kaczmarczyk	Adam Wilt
Kara Kalnitz	

Adam requested the board finalize plans for the Agency Recognition Event at our next meeting. The event will be held on June 17, 2026. Adam also requested that each agency share its story highlighting the impact of its services over the past year as part of celebrating the agencies' successes.

Review and Approvals of Payables:

Accounts payable include three agency fundraisers, a discretionary grant, and the purchase of postage. Consultant and Secretary will be paid quarterly going forward. See attached report.

Motion made by Joe DeRosier to approve the payables and seconded by Mindy Lehman.

The Chair called for a vote, which was recorded as follows:

BOARD MEMBER	YAY	NAY	ABSENT/ABSTAIN
Joe DeRosier	X		
Christine Carr			X
Timothy Heilenbach	X		X
Cynthia Kaczmarczyk	X		
Kara Kalnitz	X		
Melinda Lehman	X		
Adam Wilt	X		

Comments from the Public:

Adam suggested the RTMHB agencies hosting some meetings. The next meeting is to be held May 20 at WSSRA in Melrose Park. The June meeting will be held at Riverside Town Hall, and at that meeting the Board will review the agency hosting schedule for the remainder of the year, with the hope that the Board can visit half of agencies each year.

Cynthia Kazmarczyk made a motion to adjourn with a second from Melinda Lehman. The meeting adjourned at 7:31 p.m.

Respectfully submitted,

Maritz Zitzer
Recording Secretary

APPROVED:

Adam Wilt, President

Kara Kalnitz, Treasurer